

An evolving community of hope and healing

As we age, we may find ourselves seeking assistance to help maintain our quality of life.

Some of us need assistance at home; others need a new place to call home. Some are looking for an occasional respite; some need long-term care. And some of us may simply be caregivers who need some place to turn for support and reassurance, or guidance.

Whatever your needs, more than a century of experience has brought The Wartburg Adult Care Community insights into creating programs that make life easier and afford a range of choices, with varying levels of assistance, independence and financial options.

For information about Wartburg care, please visit us or call:

Adult Day Services
Club Wartburg
Social & Medical Models
914.513.5472

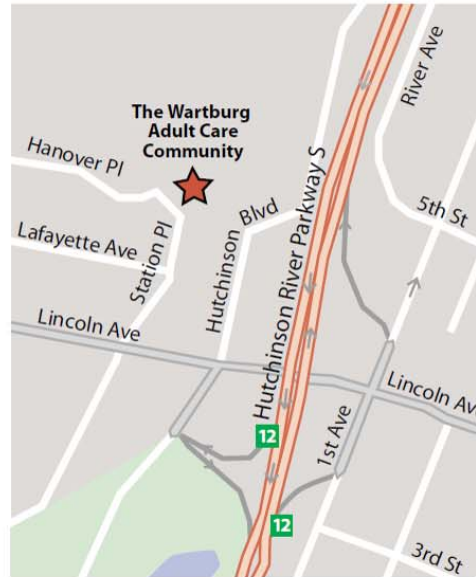
Home Care
Long Term Home
Health Care Program
for patients with chronic
illnesses or disabilities
914.278.9131

Licensed Home Care
Services Agency
for temporary or
on-going assistance
914.278.9140

Long Term Care
24-Hour Nursing Care
Respite Care
Alzheimer's &
Dementia Care
Hospice Care
914.513.5141

**Sub-Acute
Rehabilitation**
914.513.5141

Residential Services
Meadowview
Assisted Living
Lohman Village
Independent Living
Short Stays
914.513.5444



We are conveniently located just off Exit 12 of the Hutchinson River Parkway (East Lincoln Avenue, Mount Vernon/Pelham).

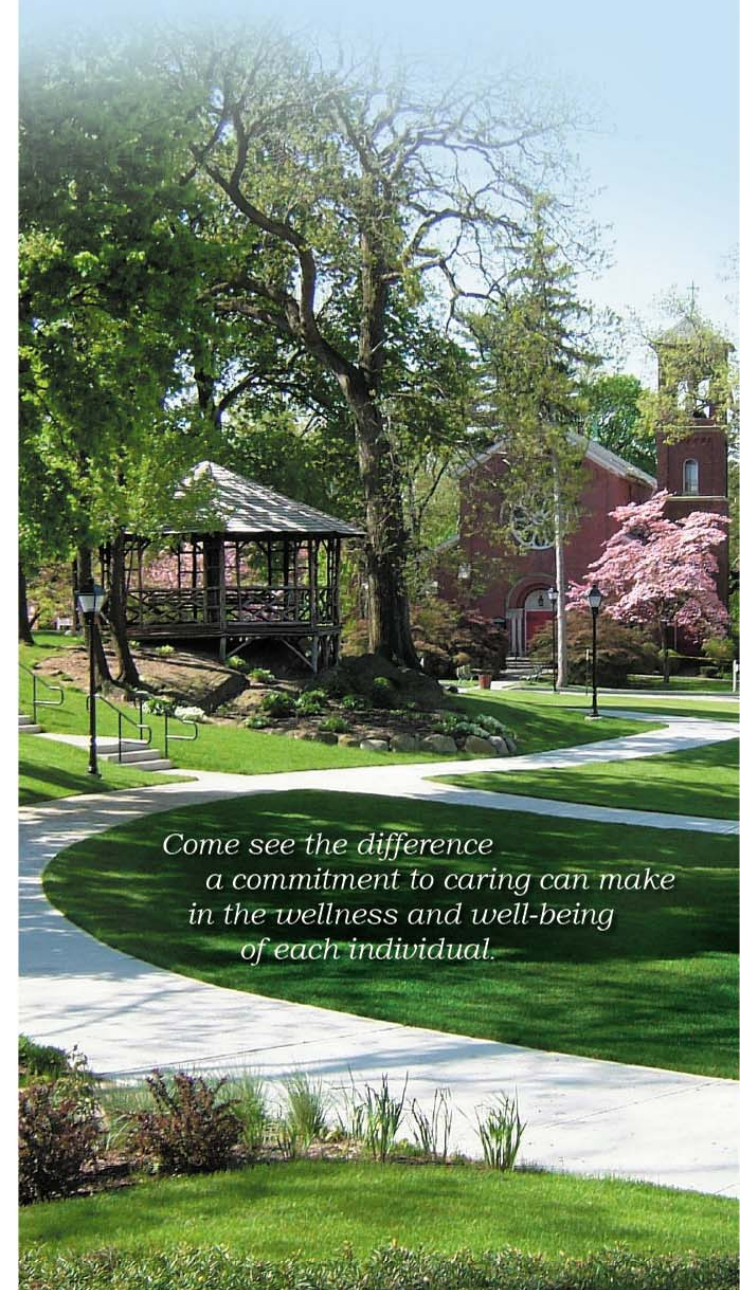
Southbound: Bear right at STOP sign, then left at TRAFFIC LIGHT (East Lincoln Avenue). Turn right at next TRAFFIC LIGHT, Wartburg Place (labeled as Station Place on some area maps). Proceed straight 2 blocks to Gatehouse.

Northbound: Bear left at STOP sign, then left at TRAFFIC LIGHT (East Lincoln Avenue). Turn right at second TRAFFIC LIGHT, Wartburg Place (labeled as Station Place on some area maps). Proceed straight 2 blocks to Gatehouse.



Wartburg Place, Mount Vernon, NY 10552
914.699.0800 • www.thewartburg.org

A Lutheran ministry serving all faiths



*Come see the difference
a commitment to caring can make
in the wellness and well-being
of each individual.*

Adult Day Services



A lifesaver for Caregivers!

For those wishing to remain at home in their community, or for Caregivers seeking a much-needed break, The Wartburg's 7-Day Adult Day Service program insures supervision, health care and recreation. The program is specially designed for both healthy and frail adults including those with Alzheimer's disease, dementia, Parkinson's disease, recovering from heart attacks or strokes, or other physical disabilities.

"Club Wartburg" offers both Social and Medical Model programs

Social Model: for adults who would benefit from an enriched program of recreation, social activities, nutrition and personal care in a professionally supervised environment. Helps them maintain their level of independence. Open 7 days, 7AM - 6PM.

Medical Model: appropriate for adults needing medical or health support services in addition to enriched social activities. A personalized care plan is developed for each member in coordination with the family's physician. An RN supervises the program and attends to procedures such as monitoring diabetes and hypertension. Occupational, physical and speech therapies are available on-site. Health education for members and their Caregivers is ongoing. Open 7 days, 7:30AM - 5:30PM.

Our staff of professionals will provide an assessment to determine which program is best for your loved one.

Features

- ▶ Half or full days, seven days a week
- ▶ Hot breakfast; hot lunch with choice of entrée; afternoon refreshments; option for light "meals to go" as needs require; special dietary needs accommodated
- ▶ A special, relaxed, Sunday program features morning papers, coffee and pastries; option of attending religious services at the Wartburg Chapel
- ▶ Dementia-specific care by trained professionals
- ▶ Podiatrist services on-site
- ▶ Pastoral care by Wartburg's chaplain, appropriate to all faiths
- ▶ Live entertainment, guest speakers, intergenerational programs and pet therapy
- ▶ Yoga, strength-training, and aerobic exercise programs
- ▶ Community trips to museums, local shopping, and restaurants
- ▶ Outdoor activities on our beautiful and secure 36-acre campus
- ▶ Art, gardening, and cooking classes
- ▶ Personal grooming services, including whirlpool bath
- ▶ Full beauty salon
- ▶ English and Spanish speaking staff
- ▶ Fees can be met by Medicaid, private pay or long-term care insurance policies
- ▶ Assistance with Medicaid eligibility process
- ▶ Priority eligibility for other Wartburg services
- ▶ Transportation available

Caring for the Caregiver

Family members are welcome and encouraged to participate in their loved one's Care Plan.

Additional services include:

- ▶ Monthly Support Group
- ▶ Bereavement Counseling
- ▶ Geriatric Care Consultant
- ▶ Case Management Services

